

A participants guide to

¹From inside the fish, Jonah prayed to the LORD his God,
²saying:
 “In my distress I called to the LORD, and He answered me.
 From the belly of Sheol I called for help, and You heard my voice.
³For You cast me into the deep, into the heart of the seas, and the current swirled about me; all Your breakers and waves swept over me.
⁴At this, I said, ‘I have been banished from Your sight; yet I will look once more toward Your holy temple.’
⁵The waters engulfed me to take my life; the watery depths closed around me; the seaweed wrapped around my head.
⁶To the roots of the mountains I descended; the earth beneath me barred me in forever!
 But You raised my life from the pit, O LORD my God!

Jonah 2:1-6

We will meet the God of 2:1-2

God is v2
Philippians 4:6

God is v2
1 Samuel 16:7

We will meet the God of 2:3-4

God is v3
Psalm 9:4
Psalm 7:11
2 Timothy 4:8

God is v2
Exodus 34:6

We will meet the God of 2:5-6

God is v6
John 11:25-26

God is v6
Psalm 19:14
Psalm 31:5

My prayer priorities for this week

- S 2 Stuart & Kaye
- M 3 Clarence and Irene
- T 4 Jim C. Lerida
- W 5 Robert & Dianne
- T 6 Lurline & Terry
- F 7 Joy D. Mary F.
- S 8 Rosalie & Jim D
- S 9 Ian & Eleanor

Thought starters for personal reflection or group discussion

1. What is one of your most memorable stories of going fishing?
2. Before today, what did you think Jonah was doing inside the fish?
3. If you were told you had only three minutes to live, what would be your top prayer requests?
4. Why was God so mean to Jonah? Is God tough on true Christians?
5. Why do you think we need to be dead before we get our true rewards?
6. Read Psalm 7:11. God is described with two attributes. How is it possible to be both of these at the same time?
7. From Philippians 4:6, what are the attributes of a good prayer?

Tithes and offerings (Target: \$2,700 per week)

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Donations to mission in Myanmar (Target: \$1,000 per month)

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